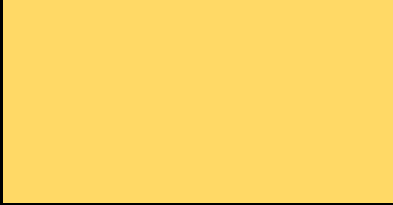
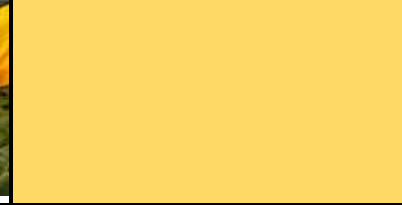


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Afternoon walk – (p) National watermelon day Reading review Writing lab Fruits & veggies	4 Womens Club @ JOW – (a/p) Music Therapy – (a) Short stories Warm-up Tuesdays Uno	5 Target - \$ (p) ¹ Dollar Tree - \$ (p) ² S.O.A.R. – personal space Stair stepping Dolly Parton day	6 Morning walk – (a) Portland Head Lighthouse Making root beer floats Book club iPad fun	7 Pet World – (p) Morning walk – (a) K-Pop party News 2 You Lighthouse crafts
10 Alan Kuiwicki park – (a/p) Pikes Peak Chair yoga Monday meditations Good food choices	11 WA historical museum – (a) Afternoon walk – (p) Cyber hour Time management hangman Touch screen games	12 Art Therapy – (a) Afternoon walk – (p) Social math Parachute exercise Laptop time	13 New Berlin library – (a) Leon's - \$ (p) Boundaries bingo Book club Connect & communicate	14 Archie's Flat Top - \$ (p) Motivational speaking Participant choice Free flow fun Film Friday
17 Morning walk – (a) Afternoon walk – (p) Hobby Lobby - \$ (p) Suggestion box News update	18 Music Therapy – (a) Morning walk – (a) Bird watching @ Kopperund – (p) Boundaries – personal space Kitchen safety refresher	19 Clubhouse shop – (a) Ross clothing - \$ (p) Computer blast TED talks – body language Make a word game	20 Lake Effect coffee ¹ - \$ (a) WA farmers market ² - \$ (p) Journal club Dice math Painting – College football	21 Southridge Mall - \$ (a) Short stories Time management trivia Film Fridays
24 Morning walk – (a) Haggerty museum – (a/p) Kitchen safety Monday meditation Ladderball	25 Mitchell Domes - \$ (a/p) Boundaries basics Learning from failure Yoga, yay! Stay fresh time	26 Art Therapy – (a) Men's club @ Konkel – (a) Morning work out Bingo Darts	27 Morning walk – (a) Clubhouse shop – (a) Tailgate Thursday – brats Talking tools Book club	28 Five Below - \$ (p) Afternoon walk – (p) Hawaiian party Assateague Islands Dice baseball
31 South Shore Beach – (a/p) Pick your music Hula dice The power of silence Monday meditation				
Classes	Virtual Outings	In-Person Outings	Special Events	